

Tom Bolls, MA, LPC 8500 North Mo-Pac #820 Austin, Texas 78759 (512) 468-7832

# **CLIENT CONTACT INFORMATION**

		Date		
Client Name				
Address				
City		State	Zip	
E-Mail Address				
Home Phone			Okay To Leav	e Msg?
Cell Phone			Okay To Leav	e Msg?
Office Phone			Okay To Leav	e Msg?
Referral Source: Ho	w did you hear	r about me?		
Please list any curre	nt medications	that you are taking to	manage your m	ood / stress:
Please list the name	& number of the	he physician who pres	scribed these me	dications:
Please list the name	(s) of other the	erapist that you have w	orked with (past	or present)
Name	Phone	Type of Therap	ру	Length of Time
Have you ever atten	npted suicide?			
		or an emotional disturb		
		n altercation with anotl		
Do you need a mand	dated assessm	ent for a current court	case?	

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#### INFORMED CONSENT

I understand that counseling may involve discussing emotional issues that may at times be distressing. However, I understand that this process is intended to help me personally and in my relationships. I am aware that there are alternative treatment facilities available to me.

My therapist has satisfactorily answered all of my questions about counseling. If I have further questions, I understand that my therapist will either answer them or find answers for me. I understand that I may leave therapy at any time, although I have been informed that this is best accomplished in consultation with the therapist.

In signing this form, I understand that my role as a client is:

- a. To be honest during counseling sessions, complete homework assignments and demonstrate a willingness to change.
- b. To refrain from the use of alcohol or drugs the day of a counseling session.

#### **Cancellation Policy**

There is no charge for appointments cancelled with enough advance notice. Any client cancelling a session without (at least) 24 hours advance notice is responsible for paying the full fee of the missed appointment.

## Payment Policy

All therapy sessions are 50-minutes in length (unless otherwise stated). Payment for services is expected at the end of the therapy session. I do not work with any type of insurance or managed care provider, but I will be happy to write you a receipt at the end of the month so that you can seek reimbursement on your own. Payments can be made in either cash or check.

STATEMENT OF UNDERSTANDING				
I have read the statements above and agree to abide by them.				
Client Signature:				
Client Name:				
Date:				

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## LIMITATIONS OF CLIENT / THERAPIST CONFIDENTIALITY

Confidentiality is of the utmost importance where the client / therapist relationship is concerned. It is essential for the safety of the therapeutic relationship that your communication with me is handled with the respect that it deserves. I will do my best to keep our conversations private; however, there are certain laws which supersede our confidentiality agreement.

## Ethical Exceptions to Confidentiality Agreement

- A client threatens and has a plan for suicide (which usually requires hospitalization).
- A client reports current abuse of children, the elderly or the mentally challenged.
- A client reports **past abuse** of children, the elderly or the mentally challenged.
- A client reports there is a probability of imminent harm to others.
- A court of law subpoenas counseling records.

## Federal Exceptions to Confidentiality Agreement

## Health Insurance Portability and Accountability Act (HIPAA)

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy regulations implemented standards for how information that identifies a patient can be used and disclosed. (Title 45, Code of Federal Regulations (CFR), Parts 160 and 164) The regulations apply to "covered entities" including health-care plans, health-care clearinghouses, and health-care providers. These privacy standards went into effect on April 14, 2003.

Section 164.512(d) permits covered entities to disclose private health information to a health oversight agency for oversight activities including audits, civil, administrative or criminal investigations, inspections, licensure or disciplinary actions, or other activities necessary for the oversight of the health-care system, government benefit programs, compliance with governmental regulation or compliance with civil rights laws.

#### STATEMENT OF UNDERSTANDING

I have read the preceding statement and understand that under the above-stated circumstances the confidentiality of the client-therapist relationship is superseded. I understand that in such instances my therapist is bound ethically and legally to inform the proper authorities.

Client Signature:	
Date:	
Client Name (Printed):	

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